# Career Development workshop

## *Enhancing self-awareness for personal performance, effectiveness and making informed career choices*

## Monday 12 June (9:30 – 16:30): PhD students
## Tuesday 13 June (9:30 – 16:30): Postdoctoral researchers

Designed specifically for **Bioscience PhD students and postdoctoral researchers**, these two workshops will provide a unique opportunity to help you to reflect on your own personal strengths and discover your 'blind spots' to increase your self awareness and apply them to your career planning, management and development.

**On Day 1,** we invite PhD students to participate in this workshop to find out about opportunities available to them now and in the future, whether they decide to pursue an academic or non-academic career. They will reflect on their skills and use these to make informed career decisions as well as learning to write and adapt their CV.

**On Day 2**, the workshop is aimed at Postdoctoral researchers and how their ambitions can be achieved in relation to their experiences so far. Tactics to steer their careers further towards an academic career or formulating a new strategy for a non-academic career will be considered, as well as how to promote a professional
profile.

**About the trainer**

Sarah Blackford is a qualified academic career specialist (MA, Warwick University) with a background in scientific research and publishing. She provides a wide range of career support activities to doctoral students and early-career researchers and has been delivering specialised career workshops and one-to-one coaching for over 10 years in research institutions, universities, EU consortia and doctoral training programmes.  Her workshops are broadly based on her book, 'Career planning for research bioscientists, and much of her advice and resources are published on her blog, www.biosciencecareers.org.  As a registered career practitioner, Sarah adheres to a recognised ethical code of practice during the course of her work.

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www.biosciencecareers.org