



Barcelona BioMed Workshop

The Art of Leadership: Fewer Conflicts, More Results Laboratory Management Workshop for Established and Prospective Group Leaders

Organised by the Institute for Research in Biomedicine (IRB Barcelona) with the collaboration of the BBVA Foundation. Workshop led by Metis Leadership.

Final Programme

March 3-6, 2008

Schedule	Topic
Day 1	
09:00	Arrival
09:30	Introduction/Warming-up
10:30	The Impact of Cultural Differences
11:30	Break
12:00	What is Leadership?
12:30	Impact of Working Environment on leadership
13:30	Lunch at Restaurant CARMELITAS - C/Carme, 42
15:00	Impact continued
16:00	The difference between management & leadership
16:30	Break
17:00	The Group Leader Role
19:00	Evening break
Day 2	
09:00	Anything from yesterday?
09:15	Dealing with expectations: What do they want from me?
10:15	Working With Values
11:00	Break
11:30	Communication
13:30	Lunch at Restaurant CARMELITAS - C/Carme, 42
15:00	Giving feedback and criticism
16:10	How I and others see me
16:30	Break
17:00	The Enneagram: A model of personality
18:15	Personality - Gaining another perspective
19:00	Evening break
Day 3	
09:00	Anything from yesterday?
09:15	Team development
10:15	Motivation
11:00	break
11:30	Impact of personality on teamwork
12:00	Conflict in the lab
13:30	Lunch at HOTEL ESPAÑA - C/ SANT PAU Nº 9 -11
15:00	Introduction to Coaching & Demonstration
16:00	Coaching practice
17:00	break
17:30	Coaching practice continued
18:00	Running meetings
19:00	Evening break
90 minutes	
Day 4	
09:00	Anything from yesterday?

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09:15	How to delegate tasks
10:15	Self-Management: Who's got the monkey?
11:15	Break
11:45	Interview preparation
13:30	Lunch at HOTEL ESPAÑA - C/ SANT PAU N° 9 -11
15:00	Casework
17:00	Break
17:30	Wrap-Up
18:15	

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